



COMMUNITY RUGBY

Coaching Calendar 2011 - 12

Constituent Bodies: East Midlands, Leicestershire, Notts Lincs & Derbys,

Approved Centre Name: Midlands

Contact Name: Helen Bridgeman

Address: RFU Regional Coaching, Netball & Badminton Centre,
Loughborough University, Loughborough LE11 3TU

Tel: 07590 928534 Email: midlandscoaching@therfu.com

Your place on the course will not be confirmed without both the application form and the payment received by the Approved Centre. Please note that we no longer invoice for Coaching Courses. To avoid disappointment, applicants are also reminded that they should apply for the course 10 working days before the course start date. Please ensure that your application is signed and dated before submitting your form.

Financial Implications for applicants not attending non award courses

If an applicant does not attend the course or who gives less than 48 hours notice the coach will receive no refund. If an applicant gives between 2 and 14 days notice, the applicant can be relocated to another course.

Whilst every effort is made to ensure that the information given below is correct at the time of publication, the Approved Centre reserve the right to alter this information (at any time), including changes to a venue and/or dates/times of scheduled courses listed.

Where the course venue/date is subject to change, applicants will be notified via email and offered an alternative course and/or full refund.

IRB RUGBY READY: As from 1 September 2009, you will need to have attended the IRB Goodyear Rugby Ready course before starting your Level One award.

MIDLANDS EAST

Course Dates	CB	Venue & Start Time	Closing date for applications
2011			
4 th July	East Midlands	Stockwood Park RFC 7.00 pm	24.06.2011
4 th July	Leics	Leicester Forest RFC 7.00 pm	24.06.2011
4 th July	NLD	Nottingham Moderns RFC 7.00 pm	24.06.2011
25 th July	East Midlands	Kettering RFC 7.00 pm	15.07.2011
31 st August	Leics	Syston RFC 7.00 pm	22.08.2011
?? th August	NLD	Ashfield RFC 7.00 pm	
?? August	NLD	Derby RFC 7.00 pm	
5 th September	East Midlands	Huntingdon RFC 7.00 pm	26.08.2011
19 th September	East Midlands	Kettering RFC 7.00 pm	09.09.2011
26 th September	Leics	Syston RFC 7.00 pm	16.09.2011
26 th September	NLD	Lincoln RFC 7.00 pm	16.09.2011
10 th October	East Midlands	Leighton Buzzard RFC 7.00 pm	30.09.2011
24 th October	East Midlands	Bedford Athletic RFC 7.00 pm	14.10.2011
24 th October	Leics	Uppingham School 7.00 pm	14.10.2011
24 th October	NLD	Mansfield RFC 7.00 pm	14.10.2011
2012			
16 th January	NLD	Scunthorpe RFC 7.00 pm	06.01.2012
30 th January	East Midlands	Kettering RFC 7.00 pm	20.01.2012
30 th January	Leics	Syston RFC 7.00 pm	20.01.2012
27 th February	East Midlands	Bedford Athletic RFC 7.00 pm	17.02.2012
27 th February	Leics	Syston RFC 7.00 pm	17.02.2012
27 th February	NLD	Derby University 7.00 pm	17.02.2012
26 th March	East Midlands	Kettering RFC 7.00 pm	16.03.2012
26 th March	Leics	Syston RFC 7.00 pm	16.03.2012
26 th March	NLD	Nottingham Trent University 7.00 pm	16.03.2012
23 rd April	NLD	Lincoln RFC 7.00 pm	13.04.2012
30 th April	East Midlands	Kettering RFC 7.00 pm	20.04.2012

28 th May	NLD	Chellaston Academy 7.00 pm	18.05.2012
25 th June	Leics	Syston RFC 7.00 pm	15.06.2012

Cost: Cost per person: £18.50 including VAT

Payment Methods:

Please make all cheques payable to "RFD Ltd" & must accompany application form.

Alternatively, please submit your application and then telephone 07590 928534
(Monday to Thursday between 09:00 & 17:00 hours only) to pay by Visa, MasterCard and/or Debit Card.
Unfortunately, we do not accept American Express.

Please note that we no longer accept invoice requests and all payments must be made at the time of your booking by cheque or Credit/Debit card.

TAG RUGBY

MIDLANDS EAST

Course Dates	CB	Venue & Start Time	Closing date for applications
2011			
7 th September 2011	EM	Kettering RFC 7.00 pm	26.08.2011
14 th September 2011	EM	Huntingdon RFC 7.00 pm	05.09.2011
21 st September 2011	Leics	Syston RFC 7.00 pm	12.09.2011
28 th September 2011	EM	Peterborough RFC 7.00 pm	19.09.2011
3 rd October 2011	NLD	Nottingham Moderns RFC 7.00 pm	23.09.2011
5 th October 2011	EM	Bedford Athletic RFC 7.00 pm	26.09.2011
10 th October 2011	NLD	Lincoln RFC 7.00 pm	30.09.2011
17 th October 2011	NLD	Matlock RFC 7.00 pm	07.10.2011
19 th October 2011	EM	Old Northamptonians RFC 7.00 pm	10.10.2011
6 th February 2012	NLD	Nottingham Moderns RFC 7.00 pm	27.01.2012
13 th February 2012	NLD	Derby RFC 7.00 pm	03.02.2012
20 th February 2012	NLD	Scunthorpe RFC 7.00 pm	10.02.2012
7 th March 2012	EM	Kettering RFC 7.00 pm	27.02.2012
21 st March 2012	EM	Amphill RFC 7.00 pm	09.03.2012

Cost:

Cost per person: £21.00 including VAT

Payment Methods:

Please make all cheques payable to "RFD Ltd" & must accompany application form.

Alternatively, please submit your application and then telephone 07590 928534 (Monday to Thursday between 09:00 & 17:00 hours only) to pay by Visa, MasterCard and/or Debit Card. Unfortunately, we do not accept American Express.

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CPD courses

£15.50 (incl. VAT) Unless stated otherwise.

CPD plays an important part in the development of a coach, and coaches should undertake these courses before, after and alongside attendance at qualification courses. The courses are designed to support coaches with training appropriate to the type of player they are working with. Within rugby union there are five broad categories of player: adult performance, adult participation, talent development, youth and children. Your Club Coaching coordinator should be able to recommend a suitable course.

Course Dates	CPD Session	CB	Venue & Start Time	Closing date for applications
2011				
5 th July	The Kicking Game	EM	Kettering RFC - 7.00 pm	23.06.2011
23 rd August	The Lineout Game	EM	Kettering RFC – 7.00 pm	12.08.2011
10 th September	Scrum Factory	NLD	Newark RFC -	01.09.2011
11 th September	Scrum Factory	EM		01.09.2011
14 th September	Maul & Ruck	EM	Kettering RFC – 7.00 pm	05.09.2011
14 th September	Continuity in Attack	NLD	Southwell RFC – 7.00 pm	05.09.2011
18 th September	Scrum Factory	NLD	Lincoln RFC – 12.30 pm	05.09.2011
21 st September	TAG to Tackle	EM	Huntingdon RFC – 7.00 pm	12.09.2011
25 th September	Scrum Factory	NLD	Ilkeston RFC – 12.30 pm	16.09.2011
26 th September	Half Back Play	EM	Huntingdon RFC – 7.00 pm	16.09.2011
28 th September	Continuity in Attack	Leics		19.09.2011
3 rd October	Mini – Continuity in Attack	EM	Huntingdon RFC – 7.00 pm	23.09.2011
12 th October	Defence in Phase Play	NLD	Market Rasen RFC – 7.00 pm	03.10.2011
12 th October	Defence in Phase Play	EM	Kettering RFC – 7.00 pm	03.10.2011
26 th October	Lineout Game	Leics		17.10.2011
9 th November	Back Play from Set Piece	NLD	Derby RFC – 7.00 pm	31.10.2011
13 th November	Scrum Factory	Leics		02.11.2011
16 th November	Half Back Play	EM	Northampton Old Scouts RFC – 7.00 pm	04.11.2011
20 th November	Scrum Factory	NLD	Market Rasen & Louth RFC – 12.30 pm	09.11.2011
23 rd November	The Kicking Game	EM	Peterborough RFC – 7.00 pm	11.11.2011
30 th November	Defence in Phase Play	Leics		18.11.2011
2012				
22 nd January	Scrum Factory	NLD	Mansfield RFC – 12.30 pm	11.01.2012
8 th February	Maul & Ruck	NLD	West Bridgford RFC – 7.00 pm	27.01.2012
12 th February	Scrum Factory	EM		01.02.2012
12 th February	Scrum Factory	NLD	Chellaston Academy – 12.30 pm	01.02.2012
15 th February	Lineout Play	EM	Kettering RFC – 7.00 pm	06.02.2012
22 nd February	Maul & Ruck	EM	Ampthill RFC – 7.00 pm	13.02.2012
29 th February	Maul & Ruck	Leics		17.02.2012
4 th March	Scrum Factory	NLD	Boston RFC – 12.30 pm	22.02.2012
14 th March	Continuity in Attack	EM	Northampton Old Scouts RFC – 7.00 pm	02.03.2012
14 th March	Lineout Game	NLD	Kesteven RFC – 7.00 pm	02.03.2012
21 st March	Defence in Phase Play	EM	Peterborough RFC – 7.00 pm	09.03.2012
28 th March	Back Play from Set Piece	Leics		16.03.2012
11 th April	The Kicking Game	EM	Kettering RFC – 7.00 pm	30.03.2012
11 th April	The Kicking Game	NLD	Matlock RFC – 7.00 pm	30.03.2012
25 th April	Lineout	EM	Bedford Athletic RFC – 7.00 pm	13.03.2012
30 th May	The Kicking Game	Leics		18.05.2012
10 th June	Scrum Factory	Leics		30.05.2012

OTHER CPD EVENTS

TOWARDS LEVEL THREE

DATE	EVENT	VENUE	COST
14 th November	Practical Coaching	East Midlands office, Wellingborough School	£15.50
31 st October	Practical Coaching	Leics	£15.50
31 st October	Practical Coaching	NLD	£15.50
14 th November	Player Profiling	Leics	£15.50
14 th November	Player Profiling	NLD	£15.50
28 th November	Player Profiling	East Midlands office, Wellingborough School	£15.50
28 th November	Game Planning	Leics	£15.50
28 th November	Game Planning	NLD	£15.50
12 th December	Game Planning	East Midlands office, Wellingborough School	£15.50
12 th December	Periodisation	Leics	£15.50
12 th December	Periodisation	NLD	£15.50
16 th January	Periodisation	East Midlands office, Wellingborough School	£15.50
16 th January	Goal Setting	Leics	£15.50
16 th January	Goal Setting	NLD	£15.50
13 th February	Goal Setting	East Midlands office, Wellingborough School	£15.50

RUGBY TEACHER DEVELOPMENT DAY

DATE	VENUE	COST
16 th September 2011	Bedford Modern School	Tbc
29 th June 2012	Uppingham School	Tbc
29 th June 2012	Bedford Modern School	Tbc

CB COACHING CONFERENCES

DATE	VENUE	COST
17 th June 2012	EM	Tbc
24 th June 2012	NLD	tbc