

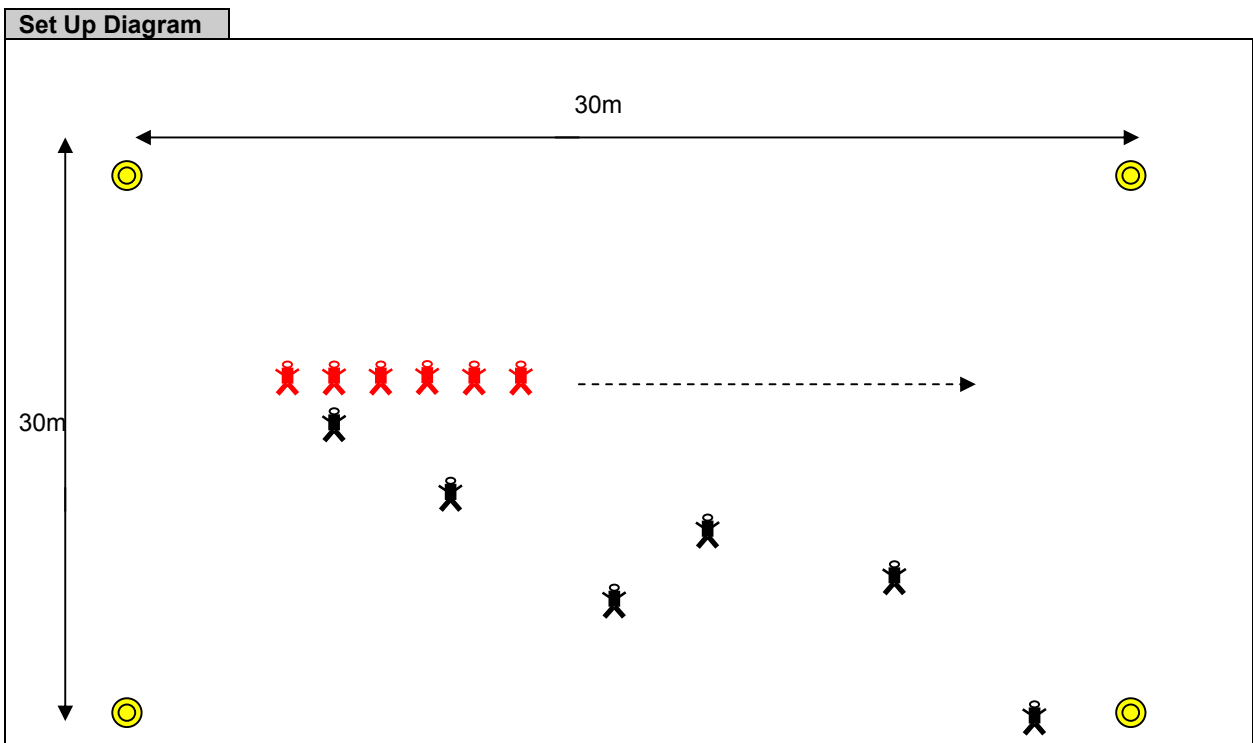


Drill No.	Attacking a drift defence	Date	June 2006
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Objective	Spatial awareness, Communication, Decision making, Attacking skills into space
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Equipment		Drill Requirements	
Balls	1	Area	30x30 grid
Cones	4	Players	All
Shield	N/A	Time	
Bags	N/A		
Suits	N/A		
Bibs	N/A		

Drill Description
<ul style="list-style-type: none"> • When a player from the attacking team is touched, all the players from the defending team must run in and touch the ball and drop to one knee. • When scrum half plays the ball defence can go so forcing them to use a drift defence. • Attack have 4 phases to score until switch of roles.



Key Coaching Points
<ul style="list-style-type: none"> • Visual acuity • Communication • Decision making • Footwork and evasion • Passing

Relevance to the game
Great for coaching attacking drift defences within a game from various positions on the pitch. Makes players have to fix and hold defenders with footwork, passing and running lines to put players into space to score. No pre-calls so the attack is reacting to what they see.