



Drill No.	Fijian Touch	Date	June 2006
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Objective	Spatial Awareness, passing, communication, decision making, Evasion.
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Equipment

Balls	1
Cones	4
Shield	N/A

Bags	N/A
Suits	N/A
Bibs	N/A

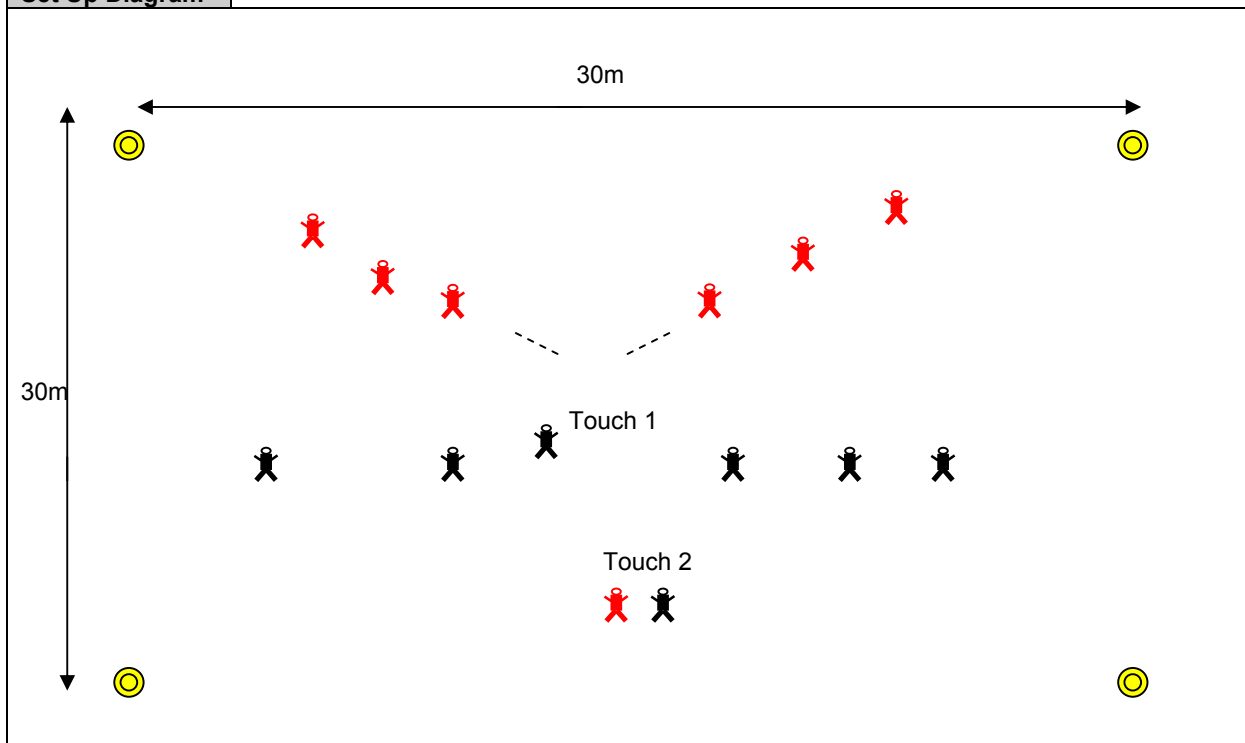
Drill Requirements

Area	30x30 grid
Players	All
Time	

Drill Description

- Normal rules of touch rugby except it takes two touches by two different people to make a tackle.
- Play offload, through the legs or quick-ruck touch.

Set Up Diagram



Key Coaching Points

- Importance of getting behind the defence
- Highlighting and then beating a man one on one or someone who is isolated
- Attacking a cover defence
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Relevance to the game

Promotes the importance of beating the first defender and getting behind defences. Also highlights the importance of close support. This game also manufactures an inevitable cover defence. Excellent for speeding a game of touch up and getting some 'go forward rugby'.