



Drill No.	Mismatch Touch	Date	June 2006
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Objective	Spatial awareness, Communication, Decision making, Attacking skills into space
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Equipment

Balls	1
Cones	4
Shield	N/A

Bags	N/A
Suits	N/A
Bibs	N/A

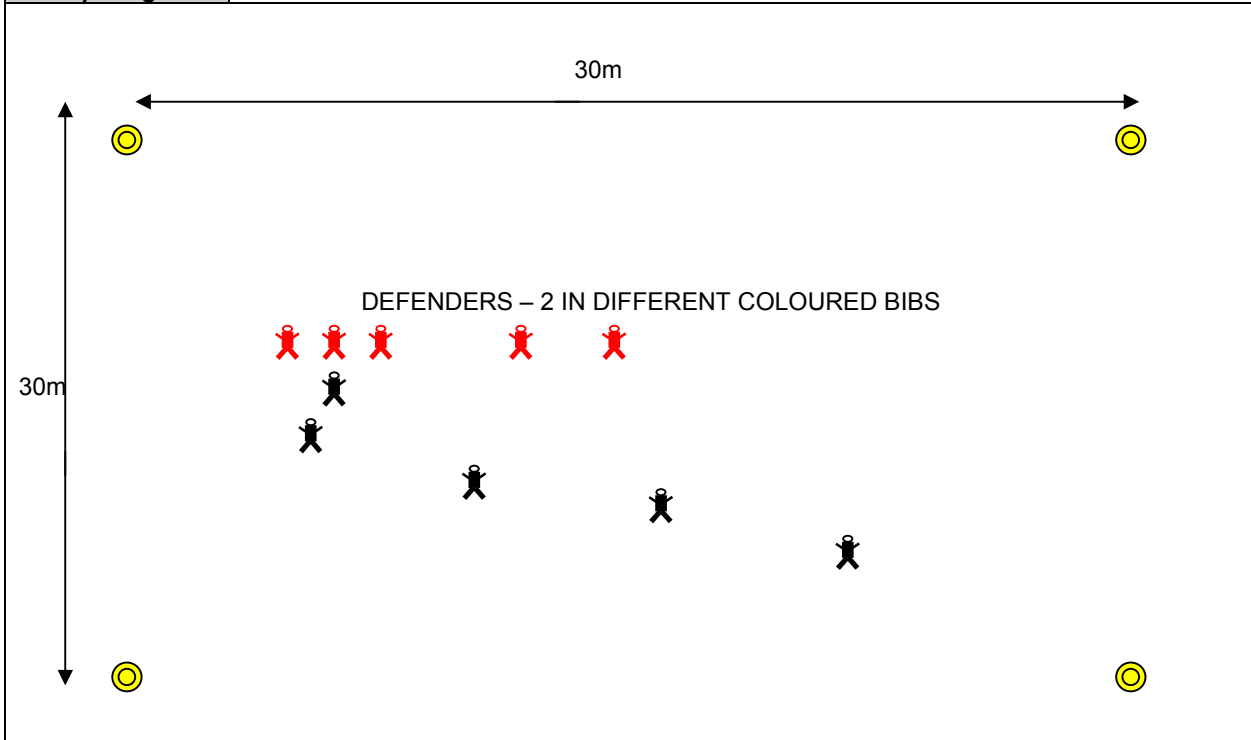
Drill Requirements

Area	30x30 grid
Players	All
Time	

Drill Description

- Normal touch rules (ruck touch but must get behind tackler).
- 2 defenders (depending on numbers) wear different coloured bibs. Their touches do not count as a tackle.

Set Up Diagram



Key Coaching Points

- Highlights the need for attackers to look before they receive the ball to enable themselves to move to a good position to receive the ball (in space or against a weak defender)
- Weak defenders need to stay away from each other and stay in areas that are highly congested with other defenders (close to the contact area).
- Communicate if you see a mismatch – calls come from the outside in.

Relevance to the game

Looking for mismatches or space before you receive the ball.

Before you receive it defenders have two focuses – you AND the ball.

When you receive it they only have one – YOU.